# ASHDOWNE CARE CENTRE



Caring for you



# The perfect location and friendly environment...

Situated in a residential area close to the town centre of Tiverton, Ashdowne Care Centre offers nursing and personal care for 60 older people. The home is divided into two units, Ashdowne providing general nursing care for older people and Pinnex providing specialist care for those with mental health care needs.

Ashdowne Unit offers single room accommodation on two floors. Companion rooms are available. There is a lounge/dining room situated on both floors which have views over the garden, the room at ground floor level having access to the garden from the patio doors.

Linking the two units is a part glazed corridor.

Pinnex Unit offers a safe, secure environment to the residents having single room accommodation on both floors. There is a lounge/dining room situated at ground and first floor level, the room at ground floor level leading to an enclosed garden.





You need not be alone at Ashdowne Care Centre. You will meet new friends and have the opportunity of joining in with the regular activities and entertainment. Visitors are welcome at any time and the home is very much involved with the local community activities. We aim to treat everyone as an individual with dignity, respect and encourage them to make the most of their stay with us.

## with excellent facilities...

- Single room accommodation
- Choice of lounge and dining facility all with garden or patio view
- Specialist bathing facilities
- Lift to first floor
- · Choice of menu, individual diets catered for
- · Recreational activities and outings
- Call bell system in all areas
- Television and internet connection
- Landscaped grounds with patio and mature gardens including one secure patio garden
- Car parking



#### services...

- Nurse on duty 24hrs a day
- GP visits to the home
- Visiting Chiropodist and Hairdresser
- Local Vicar attends regularly

Residents are able to personalise their rooms. You may choose to make Ashdowne Care Centre your permanent home or come and stay with us on a short-term basis.







#### and a dedicated staff team...

Led by an experienced and qualified Manager, the staff at Ashdowne Care Centre work as a team committed to the Halcyon Care philosophy. Every effort is made to provide individual care which promotes privacy and dignity and to understand each resident's needs and preferences. Registered nurses are on duty throughout the day and night, supported by well trained care assistants. All staff participate in the home's training programme and personal development scheme.

# who are committed to your personal health and wellbeing.

Ashdowne Care Centre provides a home where residents are helped to retain their independence and be involved in their care. The emphasis is on quality and enjoyment of life. We are not just caring for you, we care about you.

### Meals

All meals are created by our own catering team. Fresh produce is used and residents are involved in developing menu choices. Beverages and snacks are available at any time night and day. Meals are served in the dining room and can be taken in your own room should you choose. Individual diets and personal preferences are catered for.

#### **Activities**

We believe it is important to keep active and to make the most of every day. Events at Ashdowne Care Centre include visiting singers and entertainers, a weekly programme of varied activities, carpet bowls, bingo, baking, craft sessions and outings are arranged to places of interest.







#### Fees

Our fees are based on choice of accommodation, individual care needs and any other special requirements. For information on Ashdowne's fee structure please contact the Manager who will be happy to assist.



For further information or to arrange a visit please contact the Manager.

Ashdowne Care Centre Orkney Mews Pinnex Moor Road Tiverton Devon EX16 6SJ

Tel: 01884 252527 Fax: 01884 242194

Email: ashdowne@halcyoncare.co.uk Website: www.halcyoncare.co.uk